

Sea Girt Junior Lifeguards



SUMMER 2★0★1★8

Join us June
25-August 8
New events each week!

SEA GIRT IRON GUARD EVENT: Who is the “beast of the beach?” each age group will compete an iron guard course (swim, paddle, run) prizes & fun! Bring your friends

JG Beach Night: Join us for a family fun evening for dinner on the beach! Bring your favorite raft for our JG vs. Parents Raft Race!

Super Hero Mile: Come dressed as your favorite superhero for a parade along the boardwalk. After, we will run down the beach & swim back [distances will vary]

Christmas in July: Who will be named the best Surfing Santa?! Also, which Age Group will have the BEST DECORATED Lifeguard Stand?

Picture Day