

Sea Girt Junior Lifeguards

Calendar July/August

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 8:00-9:30 Groups A & B 10-11:30 IRON GUARD	7 8:00-9:00 C1 9:30-10:30 C2	8 8:00-9:30 Groups A & B	9 8:00-9:00 C1 9:30-10:30 C2	10 8:30 - 9:30 MINI - 1 10:00-11:30 IRON GUARD	11 8:30-9:30 SURF 1	12 8:30-9:30 SURF 1
13 8:00-9:30 Groups A & B 10-11:30 IRON GUARD	14 8:00-9:00 C1 9:30-10:30 C2	15 8:00-9:30 Groups A & B 10:00-11:00 Small SURF	16 8:00-9:00 C1 9:30-10:30 C2	17 8:30 - 9:30 MINI - 1 10:00-11:30 IRON GUARD	18 8:30-9:30 SURF 1	19 8:30-9:30 SURF 1
20 8:00-9:30 Groups A & B 10-11:30 IRON GUARD	21 8:00-9:00 C1 9:30-10:30 C2	22 8:00-9:30 Groups A & B 10:00-11:00 Small SURF	23 8:00-9:00 C1 9:30-10:30 C2	24 8:30 - 9:30 MINI - 1 10:00-11:30 IRON GUARD	25 8:30-9:30 SURF 2	26 8:30-9:30 SURF 2
27 8:00-9:30 Groups A & B 10-11:30 IRON GUARD	28 8:00-9:00 C1 9:30-10:30 C2	29 8:00-9:30 Groups A & B 10:00-11:00 Small SURF	30 8:00-9:00 C1 9:30-10:30 C2	31 8:30 - 9:30 MINI - 2 10:00-11:30 IRON GUARD	1 8:30-9:30 SURF 2	2 8:30-9:30 SURF 2
3 8:00-9:30 Groups A & B 10-11:30 IRON GUARD	4 8:00-9:00 C1 9:30-10:30 C2	5 8:00-9:30 Groups A & B 10:00-11:00 Small SURF	6 8:00-9:00 C1 9:30-10:30 C2	7 8:30 - 9:30 MINI - 2 10:00-11:30 IRON GUARD	8 8:30-9:30 SURF 3	9 8:30-9:30 SURF 3
10 *If Needed Make-up day	11 *If Needed Make-up Day	12	13	14 8:30 - 9:30 MINI - 2	15 8:30-9:30 SURF 3	16 8:30-9:30 SURF 3

Due to COVID-19 Restrictions the schedule for the Summer of 2020 has to be adjusted to ensure the safety of our Junior Lifeguards and our staff.

We have put together this schedule to satisfy the regulations and we are so excited that we will be on the beach with you this summer!

The few changes for this summer are as follows:

- There will be NO Junior Lifeguard tournaments this summer.
- If you are a Tournament Driven Junior Lifeguard, we are encouraging you to join *IRON GUARD* this Summer in place of your normal JG group.
- Iron Guard - *Ages 9-15* - TOURNAMENT SPECIFIC will meet on Mondays and Fridays from 10-11:30 AM AT Lifeguard Headquarters.
- Group A *Ages 14-15* will meet on Mondays and Wednesdays from 8:00-9:30 AM on Chicago Blvd. This group will close at 25 Junior Lifeguards. These sessions will be broken down into sub groups to ensure safe coach to JG ratio and to ensure social distancing regulations.
- Group B *Ages 12-13* will meet on Mondays and Wednesdays from 8:00-9:30 AM on Chicago Blvd. This group will close at 50 Junior Lifeguards. **When registration closes, we will split this group into 3 predetermined groups of 15-20 JG's, we will send you a form asking you to choose group 1 2 or 3 so that you can be with family/friends and plan to join the same group.*
- Group C *Ages 8-11* Will meet on Tuesdays and Thursdays from 8:00-9:00 OR 9:30-10:30 AM on Chicago Blvd. This is typically our largest group and we will have to close this out at 100 Junior Lifeguards. 50 for the first session and 50 for the second session. You will register for a specific session. These sessions will be broken down into sub groups to ensure safe coach to JG ratio and to ensure social distancing regulations. **When registration closes, we will split each group(session 1 or 2) into 3 predetermined sub groups of 15-20 JG's, we will send you a form asking you to choose group 1 2 or 3 so that you can be with family/friends and plan to join the same group. We will do everything we can to ensure requests are fulfilled.*
- MINI GUARDS *Ages 6-7* Will remain on Friday Mornings from 8:30-9:30 on Chicago Blvd. → 8 yr olds have the option to move to the C group! This group will close out at 50 Mini Guards. There will be 2 sessions of MINI GUARDS - MINI 1 and MINI 2. You will only be allowed to register for one session this year. These sessions will be broken down into sub groups to ensure safe coach to JG ratio and to ensure social distancing regulations. We will separate the JG's by age and then break into smaller sub groups.
- SURF SCHOOL SESSIONS will close out at 15 surfers per session. The surf session on Wednesdays is Semi Private and will close at 5 surfers.

- Check In: Upon arrival JG's will report directly to their own predetermined zone. These zones will be marked on the beach to ensure each group is distant from another. At each zone, there will be designated cones spaced 6 feet apart where your child will stand. During attendance, your child's pre screening of COVID19 symptoms form will be collected. Your child will NOT be permitted to attend or participate that day without this form. It will be mandatory during this pre screening check in all children/parents must have face covering on. Parents may stay with the child during this process but will need to leave once the program starts.
- In Session: JG's will be broken into smaller groups and remain with those groups for the entire season. All activities will be modified to comply with social distancing regulations. JG's will not be required to wear face covering while in the water or while partaking in activities that will compromise their health and safety wearing a mask. There will be no sharing of equipment during the JG's session and all equipment will be cleaned and sanitized in between programs. Children will be required to have their own water bottle and snacks if needed. Tents will be provided during the program for shade and or needed isolation areas should a JG become sick.
- Pick Up: There will be a staggered dismissal of JG's per group, per zone. We ask that parents picking up their children maintain social distancing while on the boardwalk or on the beach from the programs. During inclement weather or a weather emergency during the program, parents will be notified via text message through the active registration process to pick up their child. If the child rode their bike to the program, they will be instructed to leave at the completion of JG's. If children are arriving or being picked up via carpool, we ask that you set a location for pick up away from the entrance of the JG area. If the parent needs to ask questions or talk to the JG director or any program coach, we ask that this be done via email or away from the program entrance at Chicago Blvd. It would be best to schedule a time outside the operating hours of the program.
- Please ensure your child has a face covering with them daily.